

FEBRUARY HALF TERM INTENSIVE SWIMMING LESSONS

STAGES

Pre-School

No swimming experience before

Stage One

Has some water confidence

Stage Two

Can travel through the water using floats

Stage Three

Can travel through the water with no floats up to 5 metres

Stage Four

Can travel through the water with no floats up to 25 metres

Stage Five

Has an understanding of all four strokes and can perform them over

Stage Six

Has an understanding of the correct breathing techniques for the strokes

Leon Leisure Centre is running intensive swimming lessons this february half term for all abilities

Monday 13th February to Friday 17th February 2012

Pre School	9.30am - 10.00am
Stage One	10.00am - 10.40am 12.00pm - 12.40pm
Stage TWO	10.40am - 11.20am
Stage Three	11.20am - 12.00pm
Stage Four	10.00am - 10.40am
Stage Five	10.40am - 11.20am
Stage Six	11.20am - 12.00pm

£15 for the full five days

Also available at Leon Leisure Centre One to One lessons for both adults and children.

for more information and enrolment please contact reception today:

Leon Leisure Centre:

01908 624 725 or 624 788

leisurecentre@leon.milton-keynes.sch.uk

